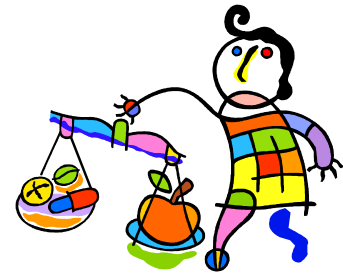


# FOOD FOR LIFE

A SEMINAR WITH ENVIRONMENTAL AND  
SUSTAINABILITY PERSPECTIVES

Thursday, 16 February 2006, 8.30-16.30.  
Sjöfartshuset, Skeppsbron 10, Stockholm



## PROGRAMME

- 8.30 REGISTRATION, COFFEE
- 9.00 **Introduction.**  
Anette Maltinus and Åke Thörner, Swedish Doctors for the Environment
- 9.10 **Eat S.M.A.R.T – healthy and environmentally friendly food**  
Pia Lindeskog, dr med vet, nutritionist, chef KF Konsument
- 9.55 PAUSE
- 10.00 **Environmental toxins in the food – what do we take in?**  
Per-Ola Darnerud, toxikologist, Livsmedelsverket
- 10.30 PAUSE
- 10.40 **How do we reduce the environmental effects of agriculture on the Baltic?** Artur Granstedt, docent, PhD, Lantbruksuniversitetet
- 11.20 PAUSE
- 11.25 **To cultivate for increased for higher nourishing quality – is that possible?** Bengt Lundegård, agronomie dr, Lantbruksuniversitet
- 12.05 LUNCH
- 13.00 **Different diets impact at inflammatory disease**  
Docent Lars Sköldstam, specialist in reumatology, Oskarshamns sjukhus
- 13.45 **Paleolithic diet – what is the impact on health?**  
Docent Staffan Lindeberg, specialist in family medicin, Lunds universitetssjukhus
- 14.30 PAUSE
- 14.50 **Environmental aspects on different diets**  
Stig Norder, scientist food, resources,health, Lunds universitet
- 15.30 **Panel debate: How can we gain a dietary that is healthy and compatible with a long term sustainable development of the environment in Europe?** Today's speakers and Annika Carlsson-Kanyama, Industrial ecology KTH, Energy and environment safety group FOI
- 16.30 END

**LÄKARE FÖR MILJÖN**  
Swedish Doctors for the Environment  
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